

THE FOOD!!!!!!!!!!



Dinning Room at the Thomas House Hotel

And now, a word from the ride director about food.....

There are three very important aspects of bike touring. The scenery, the showers, and the FOOD! The ride director, himself being a lover of good food, has gone to great efforts in seeking out variety and quality for the BRAT meal plan.

If you are not purchasing the meal plan, there will be other places to eat close by except for Thursday and Friday night. Riders will be able to purchase those evening meals at registration check-in on Saturday, September 18th.

You can go ahead and register for the ride and add the meal plan later (before registration deadline), however, it is my advice that you order the meal plan. The food this year will be really good! Dinner on Wednesday, September 22nd is on your own. There are lots of places to choose from!

Saturday, September 18th

Dinner- Miller's Grocery- Homemade Veggie Lasagna, Salad, Bread, Desert

Sunday, September 19th

Breakfast- TBA

Dinner- Boy Scouts of America- Marinated Pork Tenderloin and veggies!

Monday, September 20th

Breakfast- Boy Scouts of America- Breakfast Tortillas

Dinner- Foglight Foodhouse- Cajun

Tuesday, September 21st

Breakfast- Rock Island Lions Club- Pancake Breakfast

Dinner- Gourmet Ribs by Dennis Smart- All you can eat ribs and more! His ribs are some of the best!

Wednesday, September 22nd

Breakfast- Rock Island Lions Club- TBA

Dinner- On your own- lots of choices in Cookeville

Thursday, September 23rd

Breakfast- World Foods- European style breakfast with scones, cheese, and fruit. It's yummy!

Dinner- San Antonio Taco Company- All you can eat fajitas (chicken, steak, or veggie), Salsa, chips, queso cheese dip! All cooked on the spot!

The San Antonio Taco Company is a Nashville favorite!

Friday, September 24th

Breakfast- TBA

Dinner- The Donnaho Hotel, The Thomas House Hotel- Homemade Southern Style dinner

Saturday, September 25th

Breakfast- The Donnaho Hotel, The Thomas House Hotel- Homemade Southern Style Breakfast